

# LISA SANDLOS | CURRICULUM VITAE

## PERSONAL INFORMATION

### NAME

Lisa Sandlos, PhD, MA, CMA, EMA

### CONTACT

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## EDUCATION AND TRAINING

### DEGREES

PhD in Gender, Feminist and Women's Studies, York University, 2020.

MA in Dance, York University, 2001.

### ACADEMIC HONOURS AND AWARDS

Ontario Graduate Scholarship (OGS), \$15,000 Offered and Declined. 2014-15.

Joseph-Armand Bombardier Canada Graduate Scholarship. Social Sciences and Humanities Research Council (SSHRC) Doctoral Award, \$40,000 Offered and Accepted. 2012-14.

Ontario Graduate Scholarship (OGS), \$15,000 Offered and Declined. 2012-13.

Ontario Graduate Scholarship (OGS), \$15,000 Offered and Accepted. 2011-12.

### DIPLOMAS AND CERTIFICATES

*Lifespan Institute Knowledge Mobilization (KMb) certification*. 7-week, weekly online interactive course offered by Lifespan Development Research Institute, Brock University. Sept.-Nov. 2022.

*CEDAW for Change*. International Women's Human Rights Education Institute, The Ontario Institute for Studies in Education (OISE) of the University of Toronto, Canada in association with Fundación Justicia Y Género, Costa Rica. A seven-day intensive program focusing on the United Nations Convention on the Elimination of Discrimination Against Women (CEDAW) and its applications. Certificate of Achievement awarded. June 2015.

*Certificate in Movement Analysis (CMA)*. Laban Institute of Movement Studies (LIMS), New York City. 2006. A 1.5-year training program in observation, analysis, and interpretation of human movement, from perspectives ranging from experiential (embodied, relational, improvisational, artistic) and theoretical (historical, cultural, movement theories).

*University Teaching and Learning Certificate (GS/UTAL5000)* (Course Director: Pat Rogers), Centre for the Support of Teaching, York University, Toronto, ON. 2000-01.

*Pilates Teaching Certification*, Second Wind Studios, Mississauga, ON. 2000-01.

*Certificate in Laban Movement Studies, Expressive Movement Analysis (EMA)*, Continuing Education (Master's Level). Université du Québec à Montréal, Montréal, QC. 1997-98. A 1.5-year training program in observation, analysis, and interpretation of human movement, from perspectives ranging from experiential (embodied, relational, improvisational, artistic) and theoretical (historical, cultural, movement theories). Culminating thesis: "What is it about Blondell?: A Movement Analysis of Space, Body, Effort and Shape in Blondell Cummings' solo Food for Thought."

*Professional Training Program* (3-year program). Graduate. The School of Toronto Dance Theatre, Toronto, ON. 1988-1991.

*Diploma in Dance*. Completed at George Brown College, Toronto, ON. 1985-87.

## ACADEMIC EMPLOYMENT HISTORY

Research Associate, The Dance Lab, Brock University. September 2022-present.  
Contract Faculty, Course Directorships, School of Gender, Sexuality and Women's Studies, York University, 2020-present.  
Contract Faculty, Course Directorships, School of Kinesiology and Health Science, York University. 2001-present.  
Contract Faculty, Course Directorships, Faculty of Education, York University. 2015-16 and 2021-present.  
Contract Faculty, Course Directorships, Department of Dance, York University. 1998-2019 and 2023-present.  
Supervision, Undergraduate Thesis, Individualized Studies, York University. May 2019-Nov. 2021.  
Teaching Assistantship, Department of Dance, York University. 2017.  
Teaching Assistantships, School of Gender, Sexuality and Women's Studies, York University. 2012-15.  
Teaching Assistantships, Department of Dance, York University. 2000-02.

## SCHOLARLY AND PROFESSIONAL CONTRIBUTIONS

### CURRENT AREAS OF RESEARCH SPECIALIZATION

My current research lies at the intersection of feminist scholarship, dance studies, child and youth studies, choreography and performance, movement analysis, creative arts education, and eco-somatic practice. At the core of all my research is a focus on the body. Using an interdisciplinary lens and feminist ethnographic research methods, I explore theoretical and experiential perspectives on bodies and embodiment, mobilizing this knowledge not only through written publications and academic and public presentations, but also through choreographic creation, performance, somatic and movement education, and community arts. I continue to investigate sexualization of young girls in competitive dance which was the topic of my doctoral dissertation, and I am now expanding the scope of this research to focus on how sexualization affects boys and non-binary youth who dance. I am also involved in two major, ongoing interdisciplinary research collaborations: *Soma-City* with landscape designer and Associate Professor at California Polytechnic University, Rennie Tang, and *Sonic Kinesthetic Forest*, with Rennie Tang and sound artist and Eleni-Ira Panourgia, a Research Fellow at the Filmuniversität Babelsberg KONRAD WOLF in Potsdam, Germany. Through these projects, I have been researching and developing new pedagogies for attuning to the internal landscape of the body and connecting bodies to urban and natural environments.

### SUMMARY OF PUBLICATIONS AND PROFESSIONAL CONTRIBUTIONS

Doctoral Dissertation	1
Publications in refereed edited volumes	4
Papers in refereed conference proceedings	5
Textbooks, curriculum materials	2
Non-refereed articles	2
Other publications	7
Creative works	27
Directorships	3
Conference Papers and Presentations	30
Other writing for potential publication	11
Editorial work	1
Major consultations	1
Invited Public speaking engagements	2
Television and radio	6

Features	2
Research Grants	4
Development projects	5

#### PUBLICATIONS FORTHCOMING

Publications in refereed edited volumes	1 (accepted)
Articles in refereed journals	4 (2 accepted; 2 to be submitted October 2023)
Textbooks, curriculum materials	1 (accepted)

#### PUBLICATIONS

##### Doctoral Dissertation

**Sandlos, Lisa.** Shimmy, Shake or Shudder?: A Feminist Ethnographic Analysis of Sexualization and Hypersexualization in Competitive Dance. YorkSpace Institutional Repository. April 2020. <https://yorkspace.library.yorku.ca/xmlui/handle/10315/37719>

##### Edited volumes, special issues of journals

**Sandlos, Lisa.** “In the Land of Dance’: Unpacking Sexualization and the Wellbeing of Girls in Competitive Dance.” *Journal of Dance Education, Special Issue on Mental, Emotional, and Physical Health and Wellness of Dance Teachers and Students*. 24 pages. In press. Expected publication date: September 2023. <https://doi.org/10.1080/15290824.2023.2234897>

**Sandlos, Lisa** and Rennie Tang. “Laban Score for Unwalling the City.” In Elahe Karimnia and Fani Kostourou (Eds.), *Embodying Otherness*, vol. 1 (pp. 32-33). Paris, FR: Theatrum Mundi and Future Architect, 2021.

**Sandlos, Lisa.** “Dance as Activism: Agency and Social Transformation through Bodies in Motion.” In Neri Torres, et al. (Eds.), *Perspectives in Dance Fusions in the Caribbean and Dance Sustainability: Rituals of Modern Society* (pp. 178-184). Newcastle upon Tyne, UK: Cambridge Scholars Publishing, October 2019.

**Sandlos, Lisa.** “Shimmy, Shake or Shudder?: Behind-the-Scenes Performances of Competitive Dance Moms.” In Amber E. Kinser, Kryn Freehling-Burton and Terri Hawkes (Eds.), *Performing Motherhood: Artistic, Activist and Everyday Enactments* (pp. 99-120). Bradford, ON: Demeter Press, 2014.

##### Papers in refereed conference proceedings

Tang, Rennie, Eleni-Ira Panourgia, and **Lisa Sandlos.** “The Quercetum Chorus Workshop.” *The 2023 Paris Conference on Arts & Humanities*. Conference Proceedings. 14 pages. August 2023. <https://doi.org/10.22492/issn.2758-0970.2023.6>

Tang, Rennie, Eleni-Ira Panourgia, and **Lisa Sandlos.** “Sonic Kinesthetic Forest: Listening to and Dancing with Trees.” *European Conference of Art, Design, and Education (ECADE)*. Conference Proceedings, September 5, 2022. <https://doi.org/10.22492/issn.2758-0989.2022.17>

Tang, Rennie, **Lisa Sandlos**, and Elisa Seidner. “Scaling Sensory Experiences: Across Dance, Occupational Therapy and Urban Design.” In Damien Masson (Ed.), *Ambiances, Alloaesthesia: Senses, Inventions, Worlds. Proceedings of the 4th International congress on Ambiances*. 342-347. December 2020.

**Sandlos, Lisa.** “Agency and Social Transformation through Bodies in Motion: Why Dance is an Important Tool for Feminism and Gender Equality.” In proceedings from *The Sustainability of Dance as an Art Form: Economics, Politics, and the Philosophy of Resistance*. Bridgetown, Barbados. 2015.

**Sandlos, Lisa.** “Laban Ladies: Two of the Women behind the Genius.” In proceedings from *The Society of Canadian Scholars Conference Proceedings*. Toronto, ON. 2003.

Textbooks, Curriculum materials

**Sandlos, Lisa.** Anti-Discrimination, Anti-Bias Report on *The Arts Curriculum* Draft. Ontario Ministry of Education. May 2008.

**Sandlos, Lisa.** Reviewed and Revised new *The Arts Curriculum* (Dance) Draft. Ontario Ministry of Education. Contact: Mervi Salo, Education Officer, The Arts. 2008-09.

Non-refereed articles

**Sandlos, Lisa.** “From “Pretty in Pink” to Provocative Posing: Looking at Sexualization of Young Dancers from Multiple Perspectives.” In Bawden, Mary and Maryann Lacy (Eds.), *DA:NCE (Dance Awareness: No Child Exploited)* Newsletter. Feature article, January 2023.

<https://www.danceawareness.com/2023/01/18/from-pretty-in-pink-to-provocative-posing-looking-at-sexualization-of-young-dancers-from-multiple-perspectives/>

**Sandlos, Lisa.** “In Conversation: Talking about Assessment in Dance.” Feature article in *The Dance Current*, 9(2), 42-46. 2016.

Other publications

Cheung, Emily, Couchie, Katie, Galbraith, Robert, Parson, Patrick, Richards, Suzan, **Sandlos, Lisa**, and Watkins, Jennifer. Dance Ontario "Call to Action." 2023. <https://danceontario.ca/dance-ontario-adopts-call-to-action-statement/>

**Sandlos, Lisa.** “A Review of Elementary Dance Education: Nature-Themed Creative Movement and Collaborative Learning by Janice Pomer.” *Provocations*, vol. 2. Ed. Christine Jackson. April 2023. (Book Review in a refereed journal.)

**Sandlos, Lisa.** “Do Not Say You Know Me.” Poem in “Second Dose” edition of *FIGS Zine*. Oct. 2021.

**Sandlos, Lisa.** “The Stir at *Silence*: Observing the Other Improvisation in the Room.” *International Institute of Critical Studies in Improvisation* (IICSI) website. Reflective piece for the Emerging Scholars Program, Sept. 2019.

**Sandlos, Lisa.** “Laban Movement Analysis: Unlocking the Mysteries of Movement.” *Scribd*, uploaded by Naim Zul. 2011. <https://www.scribd.com/document/53244670/Laban-Movement-Analysis>

**Sandlos, Lisa.** “What is It about Contemporary Dance in Guelph?: A Dance Community in the Making.” Opening comments for the *Guelph Contemporary Dance Festival Program*. Guelph, ON. 2009.

**Sandlos, Lisa.** “Examining the Biological Basis for Dance/Movement Therapy.” Collection of presented papers from the *6th Annual Graduate Student Symposium*, 70-79. Toronto, ON: York University Centre for Health Studies. 2001.

## PUBLICATIONS FORTHCOMING

Edited volumes, special issues of journals

Tang, Rennie, Eleni-Ira Panourgia, and **Lisa Sandlos.** “A Sonic Kinesthetic Approach: Engaging Youth in Sound Art, Movement, and Embodied Drawing to Deepen Human-Tree Relations in Cities.” In Jillian Fulton-Melanson and Ryan James (Eds.), *What Does the Right to the City Sound Like?: The Ambient Dynamics of Urban Futures*. Indiana University Press. 21 pages. Accepted and under review. Expected publication date: Autumn 2023.

Articles in refereed journals

**Sandlos, Lisa** and Rennie Tang. “Keeping It Loose in the Schoolyard: Promoting Physical Literacy through Landscape Design and Movement Provocations.” 30 pages. Submitted to *Harvard Educational Review* (HER) on April 13, 2023. Accepted on June 20, 2023 in first round of reviews.

**Sandlos, Lisa**, Eleni-Ira Panourgia, and Rennie Tang. “Sonic Kinesthetic Forest: Towards a Collaborative ‘Somatic Infrastructure’ between Forests and Humans.” *Journal of Embodied Research, special issue: ‘Ecologies of Embodiment.’* Text and video format. Full draft submitted and accepted for publication. Under review. Expected publication date: Fall 2023.

**Sandlos, Lisa**, Dawn Zinga, Natalie Tacuri, and Danielle Sirianni Molnar. (In Progress). "Parents' Perspectives on Youth Engagement in Competitive Dance." *Journal of Leisure Studies* (submission expected August 2023).

Zinga, Dawn, **Lisa Sandlos**, Natalie Tacuri, Victoria Dewar, Grayson Hayes and Danielle Sirianni Molnar. (In Progress). "Finding the Right Balance: Youths' Perspectives on Parental Involvement in Dance." *Journal of Youth Studies* (submission expected August 2023).

Textbooks, Curriculum materials

Panourgia, Eleni-Ira, **Lisa Sandlos**, and Rennie Tang. "Listening to Trees: Provocations for a Sonic Kinesthetic Approach." In French, Lindsay and Kate Joransen (Eds.), *Listening as a Shared and Social Practice*. Open Educational Resource. Accepted and under review. Expected publication: November 2023.

## CREATIVE/ARTISTIC ACTIVITIES

### Performances

Professional dancer and performer with numerous independent choreographers and dance companies including David Earle, Yuri Ng, Menaka Thakkar, Sylvie Bouchard, Eve Lenzner, Newton Moraes, Michelle Silagy, Judith Miller, Janet Lemon, Maxine Heppner, Robert McCollum and Motus O Dance Theatre. 1990-2000. A complete list of performances is available on request.

Creative works: Choreographic Presentations

*Sonic Kinesthetic Forest*. Guelph Youth Dance Companies. Choreographed original pieces on three levels of the GYD companies. Performance at the River Run Centre in Guelph. May 2022.

*Hillsburgh Global Water Dances*. Co-choreographer with Janet Groves. Bela Farm, Hillsburgh, ON. 2021. 5-minute GWD video: <https://drive.google.com/file/d/1YA2fWYJ7wrFZDNRj-kCa-BfapxCrx0ot/view>

*Aladdin*. Choreographer for The Hillsburgh Pantomime. Performances at the Century Church Theatre. Hillsburgh, ON. 2017 and 2018.

*Tossed*. Guest choreographer for the Guelph Youth Dance Company. Performances at Temple Studio and the River Run Theatre. Guelph, ON. 2016.

*Re-Girling the Girl*. Guest choreographer for the Guelph Youth Dance Company. Performances at the River Run Theatre. Guelph, ON; Swansea School of Dance. Etobicoke, ON; and at the *Performing Motherhood* Book Launch at the Glendon Theatre. Toronto, ON. 2015.

*The Girl is Girled*. Guest choreographer for the Guelph Youth Dance Company. Performance at the River Run Theatre. Guelph, ON. 2014.

*Rendezvous with Chaos*. (Remounted from 1999). Guest choreographer for the Guelph Youth Dance Company. Performance at the River Run Theatre. Guelph, ON. 2010 and 2013.

*Beyond Words*. Choreographed and danced in an independent film produced by Danijel Martijek. Filmed at Toronto Metropolitan (formerly Ryerson) University. Toronto, ON. 2003.

*Lives and Legends*. Choreographer for a community arts project (Conceived by Ruth Howard). Jumblies. Jimmy Simpson Park. Toronto, ON. 2000.

*Medea*. Guest choreographer/performer for Arté Flamenco Spanish Dance Company. Performed at St. Lawrence Centre for the Arts. Toronto, ON. 2000.

*Twisted Metal and Broken Dreams*. Choreographer for community arts project (Conceived by Ruth Howard). Leslie Street Spit. Toronto, ON. 1999.

*Quirks*. (Remount from 1995). Guest choreographer for Cardinal Carter School for the Performing Arts. North York, ON. 1999.

*Upstream*. (Remounted from 1996). Young Contemporary Dancers of Toronto. Hands Down! at Dancemakers Studio Theatre. Toronto, ON. 1999.

*If Love Provokes Me*. Young Contemporary Dancers of Toronto. Hands Down! at Dancemakers Studio Theatre. Toronto, ON. 1999.

*Reflections*. Choreographed with Rennie Tang and the dancers of Modern Movement. Dancemakers Studio Theatre. Toronto, ON. 1999.

*Movement Choir*. Choreographed for/with the dancers of Modern Movement in the tradition of Rudolf Laban. Performed at *Residance* and *Full Circle* at Dancemakers Studio Theatre. Toronto, ON. 1999.

*Down to the Core*. Choreographed for the Young Contemporary Dancers of Toronto. Performed at Dancemakers Studio Theatre. Toronto, ON. 1999.

*Rise Above Winter*. Choreographed for the Young Contemporary Dancers of Toronto. Performed at Dancemakers Studio Theatre. Toronto, ON. 1997.

*Broken Wings*. Solo for Hillary Lindsay. Trinity St. Paul's Church. Toronto, ON. 1997.

*Upstream*. (Remounted from 1995/96). MacDancers at McMaster University. Hamilton, ON; and at the American College Dance Festival. Miami, Florida. 1997.

*Didi*. In collaboration with Yasmina Ramzy for dancers of Arabesque Dance Company. Performed at fFida (fringe Festival of Independent Dance Artists) Mainstage, Buddies in Bad Times Theatre; and at Call of the Nile, Studio Theatre, Harbourfront. Toronto, ON. 1996.

*Upstream*. Performed group piece at the 8:08 Series. Toronto, ON; and at McMaster University's Summer Festival of the Arts and the World Dance Festival. Hamilton, ON. 1995-96.

*The Magnificat*. Performed solo at First United Church. Port Credit, ON; and Trinity St. Paul's Church Christmas Eve service. Toronto, ON. 1995-96.

*Quirks*. Group piece presented by the Parahumans at Myth Productions. Toronto, ON. 1995-96.

*The Seasons*. Four solos performed at the Toronto Bridal Show, Queen Elizabeth Building, Canadian National Exhibition. Toronto, ON. 1995-96.

*Women at Work*. Performed at the Dance Umbrella of Ontario's Studio Series; Dancemakers Studio Theatre; and at *Danceworks'* Festival on the Square, Nathan Phillips Square. Toronto, ON. 1995.

#### Creative works: Video Production

*Sonic Kinesthetic Forest*. Dance video choreographed by Lisa Sandlos and produced in collaboration with Rennie Tang and Dr. Eleni-Ira Panourgia. Camera work and video editing by Todd Bутtenham. Virtual screenings at the *Child, Youth and Performance* conference, June 2022 and the *Dance and the Child International* (daCi) conference, July 2022. 5-minute SKF video: [Sonic Kinesthetic Forest video with the Guelph Youth Dance Company](#)

#### Other activities: Directorships

Founder/Artistic Director of *Young Contemporary Dancers of Toronto (YCDT)*. Programs in modern dance, creative movement, and performance for youth. Toronto, ON. 1995-2005.

Founder/Director of *Modern Movement*. Recreational modern dance and creative movement classes for adults. Toronto, ON. 1995-2006.

Co-founder and Co-director of *dance continuum*. A Toronto-based dance company which produce performances for both adult and young audiences at venues including the du Maurier Theatre at Harbourfront, Winchester Street Theatre, Buddies in Bad Times, Nathan Phillips Square and Trinity St. Paul's Church. Performed, choreographed, and conducted administration for all aspects of the company in collaboration with other company members. 1992-1998.

#### PROFESSIONAL PRESENTATIONS AND REPORTS

##### Conference Papers and Presentations

"The Quercetum Chorus." In-person Workshop/Presentation with Eleni-Ira Panourgia and Rennie Tang. The Paris Conference on Arts and Humanities (IAFOR). Maison de la Chimie, Paris, France. June 17, 2023.

"Sonic Kinesthetic Forest: Reconnecting Children and Youth to Nature through a Sound, Movement and Embodied Drawing Methodology." Panel: *Creative engagements: Experiencing and navigating*

- Youth Culture, Identities, and Communities*. Canadian Sociological Association (CSA) at Congress, York University, Toronto, Canada. May 29, 2023.
- “Ways of Knowing Trees Through Sound, Movement and Drawing.” In-person Workshop/Presentation with Eleni-Ira Panourgia and Rennie Tang. *Uncommon Senses IV: Sensory Ecologies, Economies, and Aesthetics*. Concordia University, Montreal, PQ, Canada. May 3, 2023.
- “Sonic Kinesthetic Forest: An Interdisciplinary Arts Approach for Knowing and Being with Trees.” Co-presented with Eleni-Ira Panourgia and Rennie Tang. *2023 Artistic Inquiry Research Group (AIRG) 4th International Re/Emergence(s) Symposium*. McGill University, Montreal, PQ, Canada. April 28, 2023.
- “Sonic Kinesthetic Forest: Listening to and Dancing with Trees.” Co-authored with Eleni-Ira Panourgia and Rennie Tang. Presented at the *European Conference on Art, Design, and Education (ECADE)*, University of Porto, Portugal. July 8, 2022.
- “Sonic Kinesthetic Forest.” Video screening and Panel presentation. *Children, Youth and Performance* conference. Young People's Theatre, Toronto, ON. Online. June 26, 2022.
- “Keeping It Loose in the Schoolyard: Promoting Physical Literacy for Children and Youth through Landscape Design and Movement Provocations.” Co-authored with Rennie Tang. Presented at *Conducting Research on and with Children and Youth*. Canadian Sociological Association (CSA) at Congress. Online. May 17, 2022.
- "Health and Wellness for Youth through Creative Dance and Music." *Children, Youth and Performance* conference. With Catrina von Radecki and Carey West. Young People's Theatre, Toronto, ON, Online. June 25, 2021.
- "Re-Girling the Girl: Amplifying Girls' Voices through Feminist Dance/Performance Ethnography." *Conducting Research on and with Children and Youth*. Canadian Sociological Association (CSA) at Congress, University of Western Ontario, London, ON. Online. June 3, 2021.
- "Sonic Kinesthetic Forest." *Uncommon Senses III* conference. With professor of landscape architecture Rennie Tang, acoustic artist/researcher Eleni-Ira Panourgia. Presenting interdisciplinary research methods including movement, drawing and soundscapes, Concordia University, Montreal, PQ. Online. May 7, 2021.
- "The Other Dance Mother: Analyzing the "Bad" Stage Mother in Competitive Dance." *Bad Mothers* Conference, Progressive Connexions. Online. Feb. 2021.
- "Re-Girling the Girl: A Feminist Dance/Performance Ethnography." *The Girl: From Expansive Imaginings to Embodied Experience* Symposium. Girls' Studies Research Cluster, York University, Toronto, ON. Nov. 15, 2019.
- "Using SmART Videos to Teach and Learn Practical Skills." *Teaching in Focus (TiF) Conference: Intentionality in your Teaching, From Practice to Praxis*. The Teaching Commons, York University. Co-presented with Dr. Iris Epstein, et al. Toronto, ON, May 16, 2019.
- “Choreographic Constructions: Well-being and Health through Dance and Design.” *First International Symposium for Dance and Well-Being*. National Centre for Dance Therapy. In collaboration with landscape architects Rennie Tang and Svetlana Lavrentieva. Montréal, QC. May 2018.
- “Choreographic Constructions in Urban Space: A Humanist Approach to Design.” *World Design Summit*. In collaboration with landscape architects Rennie Tang and Svetlana Lavrentieva. Montréal, QC. October 2017.
- “Fedoras and Flat Caps: How Hollywood Helps Boys Be ‘Boys’ in Competitive Dance.” In a panel entitled “Dancing Alternative Masculinities for and Informed by Early Hollywood.” *Popular Culture Association/American Culture Association (PCA/ACA)*, Dance Division. San Diego, CA. April 2017.
- “Engagement and Ownership: Embodying Academic Ideas.” Panel discussion on pedagogical approaches that involve interweaving theoretical imperatives with physical practice. *Artful Inquiry Symposium*. McGill University Artful Inquiry Research Group. Montréal, QC. October 2016.
- “Re-Girling the Girl: Performance Ethnography and Dance Education in Action.” In a session entitled “Creative Approaches to Thinking about Identity.” *14th Annual Graduate Student Conference in*

- Education: New Approaches, Key Themes*. The Faculty of Education at York University. Toronto, ON. November 2015.
- “Shimmy, Shake, or Shudder?: Behind-the-Scenes Performances of Competitive Dance Moms.” *Capital Ideas*. Congress of the Humanities and Social Sciences. Women’s and Gender Studies et Recherche Feministes (WGSRF) Annual Conference. Ottawa, ON. May 2015.
- “Shimmy, Shake or Shudder?: Social and Cultural Constructions of Young Girls as Hypersexualized Bodies in Competitive Dance.” *Popular Culture Association/American Culture Association (PCA/ACA)*, Dance Division. Chicago, IL. April 2014.
- “Agency and Social Transformation through Bodies in Motion: Why Dance is an Important Tool for Feminism and Gender Equality.” *The Sustainability of Dance as an Art Form: Economics, Politics and the Philosophy of Resistance*. The Errol Barrow Centre for Creative Imagination (EBCCI), University of West Indies, Cave Hill Campus, Bridgetown, Barbados. March 2014.
- “Agency, Health, and Transformation: Contemporary Feminist Approaches for Female Dancers in Training and Performance.” *Evolve and Involve: Dance as a Moving Question...* World Dance Alliance-Americas: 2013 Conference and Festival. Vancouver, BC. August 2013.
- “Stage Mothers: Maternal Knowledges of Femininity in the Hypersexual World of Competitive Dance.” *Mothers and Mothering in a Global Context*. Motherhood Initiative for Research and Community Involvement (MIRCI). Christchurch, Barbados. February 2012.
- “Stage Mothers: Competitive Mothering as Maternal Practice in the Competitive Dance World.” *Sara Ruddick Symposium*. Motherhood Initiative for Research and Community Involvement (MIRCI). International Conference on Mothering, Motherhood and Education. Pantages Hotel, Toronto, ON. October 2011.
- “Dancing Bodies in the Hypersexual World of Competitive Dance.” *Dance Dramaturgy: Catalyst, Perspective, and Memory*. The Society of Dance History Scholars (SDHS) Conference. York University, Toronto, ON. June 2011.
- “Dancing Bodies and Maternal Bodies in the Hypersexual World of Competitive Dance.” *Mothers and the Economy: The Economics of Mothering*. Motherhood Initiative for Research and Community Involvement (MIRCI) Conference. Ryerson University, Toronto, ON. October 2010.
- “Laban/Bartenieff Links to Modern Dance.” *Society of Canadian Dance Scholars Annual Conference*. Memorial University, St. John’s, NL. June 2008.
- “Laban Ladies: Two of the Women behind the Genius.” *Canadian Dance Studies Conference*. Society of Canadian Dance Scholars York University, Toronto, ON. May 2003.
- “Traditional and Contemporary Dances/Cultural Contexts.” *Building Bridges: Discussions in Dance Studies within a Festival Context*. Society of Canadian Dance Scholars Conference. Canada Dance Festival. Panel presentation with Dena Davida, Pierre Chartrand, Monica Dantas, Priya Thomas. National Gallery of Canada, Ottawa, ON. June 2002.
- “Dance Ugly and Drool: Consumerism and Communitas through Urban Ecstatic Dance.” *Popular Culture Association/American Culture Association (PCA/ACA)*. Philadelphia, PA. April 2001.
- “Dance Ugly and Drool: Communication and Community through Ecstatic Dance.” *Moving Bodies, Embodying Movement: Exploring the Rhetoric of the Body*. State University of New York (SUNY), Brockport, NY. April 2001.
- Other: Additional research and writing for potential conference presentations and publications
- “Moving Beyond Innocence: Giving Voice to Girls through Dance Performance about Issues of Sexualization in Popular Media.” 2017.
- “The Centrality of the Other: Cultivating Feminist Scholarship in the Twenty-first Century through Simone de Beauvoir’s *The Second Sex*.” PhD Comprehensive Exam. 2013.
- “Junior Femmes Fatales: How Media Influences and Constructs Young Female Dancers as Hypersexualized Bodies.” 2012.



- “Young Women’s Reflections on Gender, Competition, and Hypersexualization in Dance.” Final paper for Methods and Methodologies course. PhD program in Gender, Feminist and Women’s Studies, York University, Toronto, ON. 2012.
- “Stage Mothers: Maternal Practice in the Hypersexualized World of Competitive Dance.” Final paper for Maternal Theories course. PhD program in Gender, Feminist and Women’s Studies, York University, Toronto, ON. 2011.
- “Pretty Baby or Junior Femme Fatale?: Sexual Representations of Young Girls in North American Dance Recitals and Competitions.” Final paper for Women and Culture course. PhD program in Gender, Feminist and Women’s Studies, York University, Toronto, ON. 2009.
- “Seeking New Models of Transcendence for Women within Four Feminist Theoretical Frameworks.” Final paper for Feminist Theory course. PhD program in Gender, Feminist and Women’s Studies, York University, Toronto, ON. 2006.
- “Flesh and Blood: The Joan of Arc Story Made Real through Physicality.” Movement Analysis manuscript for a departmental educational website. Department of Dance, York University, Toronto, ON. 2001.
- “The Theories of Dr. J. Kestenberg: Mapping Infant and Childhood Development through Movement.” Final paper for Seminar in Developmental Psychology. Department of Psychology, Atkinson Faculty of Liberal and Professional Studies, York University, Toronto, ON. 2001.
- “Martha Graham's Seraphic Dialogue: Surrender and Triumph.” Movement Analysis manuscript for a departmental educational website. Department of Dance, York University, Toronto, ON. 2000.
- “What Is It about Blondell?: A Movement Analysis of Space, Body, Effort and Shape in Blondell Cummings’ Solo Food for Thought.” Final paper for Certificate Program in Laban Movement Studies. Université de Québec à Montréal, Montréal, QC. 1998.

#### WORK IN PROGRESS

Proposal to McGill-Queen's publisher for book: *Blurred Lines: The Impacts of Sexualization on the Mental Health and Wellbeing of Children and Adolescents in Competitive Dance.*

#### EDITORIAL WORK

*FIGS Zine*. Served on the editorial team for “Second Dose” publication. August-October 2021.

#### MAJOR CONSULTATIONS

Research Associate. *The Dance Lab* at Brock University. September 2022-present.

#### PUBLIC APPEARANCES

Invited public speaking engagements

Ballet Jorgen. *Boys Who Dance* Town Hall. Invited presenter and expert panelist webcast April 2, 2022.

<https://www.youtube.com/watch?v=7VrzztLkVuA>

Dance Ontario. “Shimmy, Shake or Shudder?: A Presentation and Discussion about Sexualization and Hypersexualization in Competitive Dance.” *DanceON Monthly Community Series*. June 29, 2021.

#### Television and radio

*Evidance*. Host: Ted Fox. CIUT Radio. December 19, 2010.

*V-Formation*. Documentary Film. November 22, 2010.

*The John Gormley Show*. Radio Saskatoon. November 2, 2010.

*The Motts*. Erin Radio. October 28, 2010.

*Canada A.M.* CTV. October 27, 2010.

*Global TV News*. October 22, 2010.

Other: Features

Community Spotlight on Sonic Kinesthetic Forest in abcd Newsletter:

[https://www.bodyconsciousdesign.com/campaigns/view-](https://www.bodyconsciousdesign.com/campaigns/view-campaign/SHTevB1C4ZDVPdEMllqV5Uqcb3WMtDOksZaKumIAvAGWGJUS5I0acrK-xrWmtK2vLqXaxJZtb9phbo3uXktqJvvG7S9CvehL)

[campaign/SHTevB1C4ZDVPdEMllqV5Uqcb3WMtDOksZaKumIAvAGWGJUS5I0acrK-xrWmtK2vLqXaxJZtb9phbo3uXktqJvvG7S9CvehL](https://www.bodyconsciousdesign.com/campaigns/view-campaign/SHTevB1C4ZDVPdEMllqV5Uqcb3WMtDOksZaKumIAvAGWGJUS5I0acrK-xrWmtK2vLqXaxJZtb9phbo3uXktqJvvG7S9CvehL) (Scroll down to the bottom of the page)

“Re-Girling the Girl: A Phenomenal Feminist Dance.” Interviewed by columnist: June Chua. *rabble.ca*. February 27, 2015.

“More Ballet, Less Beyoncé.” Interviewed by reporter: Andrea Gordon. *Toronto Star* (Life Section). October 22, 2010.

## FUNDING

### Research Grants

Research Leave (CUPE 3903), Principal Investigator, \$55,000, awarded, 2023-24. *Blurred Lines: The Impacts of Sexualization on the Mental Health and Wellbeing of Children and Adolescents in Competitive Dance*.

SSHRC Insight Development Grant. “Mapping Competitive Dancer Development: A Multidisciplinary Examination of Training Trajectories, Injury, Social Comparison, and Well-being.” Postdoctoral researcher (35%, \$10,000) contributing to research objectives through expertise in movement analysis and dance training, and dance education. Principal Investigator: Dr. Dawn Zinga. *Child and Youth Studies*, Brock University. June 2023-April 2025.

Minor Research Grants Fund (CUPE 3903), Principal Investigator, \$8,000, awarded, 2021. “An Academic Steppingstone: Support for Publications, Disseminations and Research Trajectories.”

Major Research Grant (CUPE 3903), Principal Investigator, \$16,000, awarded 2017-18.

“Who Gets to Dance?: Investigating Barriers/Opening Possibilities.” An extension of my dissertation research, this study investigates social constructions, conventions and stereotypes that contribute to low participation in dance by two populations: boys and senior citizens.

Minor Research Grants Fund (CUPE 3903), Principal Investigator, \$8,000, awarded, 2016.

In support of ethnographic portion of my PhD dissertation, “Shimmy, Shake or Shudder?: A Feminist Ethnographic Analysis of Sexualization and Hypersexualization in Competitive Dance.”

## DEVELOPMENT PROJECTS

*Soma-City* website design. A collaboration with Prof. Rennie Tang and three students at the University of Cal Poly Pomona on the design of an interactive website featuring interdisciplinary creative work and movement-based academic research (i.e., drawing, dance, landscape architecture, urban design, yoga, etc.). Funded by University of Cal Poly Chancellor's office, Research, Scholarly and Creative Activity (RCSA) program. 2020-present.

*SmART: Smartphone Accommodation Resource Toolbox*. Collaborator for AIF Category I funded Academic Innovation Project. Lead investigator Dr. Iris Epstein from the School of Nursing, Faculty of Health, York University. 2018-20.

Created three sample pedagogical Smartphone videos for the *SmART* website and consultation work with Dr. Epstein to integrate Smartphone technologies into dance and movement curricula at York University.

*Music, dance, Dalcroze, and stretching training: untangling the locus of executive function benefits*. Invited by lead researcher from the Department of Psychology at York University, Dr. Nicholas Cepeda, to be a co-applicant in a SSHRC Insight grant. My role as dance specialist involved dance program design, consulting with the research team, teaching elements of Ontario's Dance Curriculum to children and interpreting and contextualizing data from cognitive testing before and after dancing activities. 2014.

Phase I of the research project *Arts4Kids*. Consultant. 2012-13.

This project involved five months of consultation and planning for a summer dance program for children. The research team from the Department of Psychology at York University hired me as dance specialist, curriculum consultant, dance program designer, and instructor.

## TEACHING

### SUMMARY OF TEACHING AND TEACHING CONTRIBUTIONS

Undergraduate courses taught	20 courses (number does not include multiple sections of same courses- see descriptions)
Undergraduate courses - upcoming teaching	1
Independent reading courses directed	1
Honours theses supervisions	1
Guest lectures in other courses (undergraduate)	8 courses (includes courses but not the number of annual invitations - see descriptions)
Guest lectures in other courses (graduate)	6
Seminars and workshops presented	18
Teaching in studios and schools	34 (number is for contracts, not including weekly classes -see descriptions)
Teaching assistantships	4
Courses taught at other institutions	1
Course/curriculum development	10
Pedagogic innovation/development of Technology-enhanced Learning	2
Contributions to curriculum/course materials	2
Publications (related to teaching)	2
Funding (for teaching)	2

### UNDERGRADUATE

#### Courses taught

Integration through Arts (EDIN4000) Faculty of Education, York University, Toronto, ON. Upcoming in Fall 2023.

Arts and Ideas (EDUC3800 ONLN) Faculty of Education, York University, Toronto, ON. Winter 2023. Course director for online, asynchronous course for 50 teacher candidates. Designed and delivered all aspects of the course with a focus on the Ontario Ministry of Education, The Arts curriculum, and on ways of knowing and learning through the arts. Prepared and delivered lectures and creative/artistic activities, audiovisuals, rubrics, guest instructors, etc. Facilitated classroom discussions and supported students in fulfilling course assignment requirements, personal reflections, presentations, and group projects.

Fundamentals of Physical Practice (DANC1220B 6.0). Department of Dance, York University, Toronto, ON. Taught in 2015-16, 2017-18 and 2018-19 and Winter 2023. Facilitated experiential learning for dance majors and integrated movement activities in three areas: Improvisation, Somatics and Conditioning. Designed course eClass site with recommended readings and resources.

Basic Movement (PKIN0500) School of Kinesiology and Health Science, York University, Toronto, ON. Taught three sections in Winter 2019 and one in Fall 2022. Drawing on somatic practices such as Bartenieff Fundamentals (BF), Body-Mind Centering (BMC), and Kestenberg Movement Profile (KMP), I facilitated experiential physical explorations for students to learn movement principles including function/expression, mobility/stability, and exertion/recuperation within the body to enhance physical, mental, emotional, and health and well-being.

- \*Pilates (PKIN0405). School of Kinesiology and Health Science, York University, Toronto, ON. New course proposed, approved, and offered. Multiple sections taught annually, on campus and online, from 2008-2011; 2016-2023. Introduced movement principles and mat exercises from Joseph Pilates's method and the Pilates syllabus with integration of dynamic alignment, body mechanics and Bartenieff Fundamentals. Designed and evaluated written and practical tests.
- Introduction to Gender and Women's Studies (GWST1501 9.0 ONLN). School of Gender, Sexuality, and Women's Studies, York University, Toronto, ON. Taught online Summer 2020, Summer 2021, and Winter 2022.
- \*Teaching Dance in the Intermediate Division (ED/DANC3041/51, 4000/01 6.0). Faculty of Education, York University, Toronto, ON. Taught full year 2015-16 and 2021-22. Contributed to design of course materials and Moodle/eClass site for teacher candidates in the concurrent and consecutive programs. Prepared and delivered lectures and dance studio activities, audiovisuals, rubrics, guest instructors and more. Facilitated classroom discussions and supported students in fulfilling course assignment requirements, personal reflections, in-class teaching presentations and group projects.
- \*Laban Movement Analysis (PKIN0597). School of Kinesiology and Health Science, York University, Toronto, ON. Proposed new course - approved and offered. Taught annually in Winter 2018, 2020, 2021, and 2022. The course presents movement principles and the framework of BESS—Body, Effort, Space and Shape—as developed by followers of 20th-century movement pioneer, Rudolf von Laban, to fulfill the objective of assisting students in developing skills for embodying and observing a full range of human movement.
- Restorative Pilates I (PKIN0403). School of Kinesiology and Health Science, York University, Toronto, ON. Introduced Joseph Pilates' method of exercise and his philosophies of healthy living with the goal of “restoring” a sense of balance and well-being to the body. Toronto, ON. Taught multiple sections, on campus and online, 2017-2023.
- Restorative Pilates II (PKIN0408). School of Kinesiology and Health Science, York University, Toronto, ON. Building on Restorative Pilates I, the focus is on deeper exploration and more specific application of Pilates method to physical/mental health and the incorporation of therapy balls into Pilates mat work practice to enhance holistic and sensory experiential physical practice. Toronto, ON. Taught multiple sections, on campus and online, 2019-2023.
- Contemporary/Modern Dance Forms (DANC1215/17A 3.0) Department of Dance, York University, Toronto, ON. Taught in Fall 2018. In this studio course, I introduced the techniques of influential figures in contemporary/modern dance including Jose Limon, Martha Graham, Lester B. Horton and Merce Cunningham. The focus was on refining students' technical skill to enhance artistic expression and expand their dance vocabulary, musicality, and physicality.
- \*Ecstatic Dance: From Rituals to Raves (DANC3530 3.0). Department of Dance, York University, Toronto, ON. Taught in 2003, 2004, 2007, 2012 and 2013. Designed and re-designed course materials based on themes of Creativity, Health and Spirituality. Prepared and delivered lectures with audiovisual supports. Facilitated seminar discussions and studio sessions with experiential learning components. Supervised TAs and student group projects. Coordinated guest speakers.
- Contemporary Technique (DANC2216/18 and 2215/17 3.0). Department of Dance, York University, Toronto, ON. Taught annually from 2006 to 2011. Prepared and led classes in the technique of Martha Graham. Collaborated with other studio faculty on curriculum, course design, grading. Worked with various live accompanists. Arranged guest instructors and workshops. Coached and advised students. Set choreography by David Earle on the class for year-end presentation.
- Modern Dance (PKIN0560). School of Kinesiology and Health Science, York University, Toronto, ON. Taught annually from 2001 to 2011. Taught students with little or no dance experience but often with extensive athletic experience and thorough knowledge of anatomy and body mechanics. Demonstrated and coached beginner level dance techniques including Graham, Limón, Cunningham and Horton. Integrated Bartenieff

Fundamentals principles of movement. Prepared and delivered lectures on history of modern dance with film selections. Supervised group choreographic projects.

Improvisation (DANC1220 3.0). Department of Dance, York University, Toronto, ON. Taught in 2005, 2006 and 2009.

Introduced improvisational techniques, approaches and exercises. Graded student journals and reflections papers. Guided students in structuring their own improvisational performance presentations and site-specific improvisational explorations.

Contemporary Technique (DANC1216/18 3.0). Department of Dance, York University, Toronto, ON. Taught in 2007 and 2008. Prepared and led classes based on a combination of modern dance techniques including Limón, Graham, Cunningham, and Horton. Collaborated with other studio faculty on curriculum, course design, grading. Worked with various live accompanists. Arranged guest instructors and workshops. Coached and advised students.

Senior Projects (DANC4400 3.0). Department of Dance, York University, Toronto, ON. Taught in 2004 and 2005. Lectured and led seminars in dance research methods. Supervised upper-level students research projects and presentations.

The Dance Experience Lab (DANC1500 6.0). Department of Dance, York University, Toronto, ON. Taught annually from 1999 to 2005. Designed and instructed studio dance activities for non-dance majors.

Conditioning for Dancers (DANC1320 3.0). Department of Dance at York University, Toronto, ON. Taught in 2000 and 2004. Guided dance majors in theory and physical execution of conditioning techniques specifically geared to support the training of dancers (Irmgard Bartenieff, Irene Dowd, Sally Fitt and Mabel Todd) as well as Pilates mat, ball and resistance band work.

Introduction to Laban Movement Analysis (weekend intensive). Department of Dance, York University, Toronto, ON. Taught in 2003.

#### Undergraduate courses - upcoming teaching

Feminism, Dance and the Body (GSWS4528) School of Gender, Sexuality and Women's Studies, York University, Toronto, ON. Upcoming in Summer 2024.

#### Independent Reading Courses Directed

Independent Study (DANC4401). Megan English. Topic: Dance/Movement Therapy. 2002-2003.

#### Honours Theses Supervisions

Undergraduate Thesis (AP/INDV4000). Eliza Pinney. "Moved into Words: Finding an Integrated Approach to Speech and Dance/Movement Therapies." Individualized Studies, York University. May 2019-Nov. 2021.

#### Guest lectures in Other Courses: Undergraduate

Guest lecturer for Embodied Thought (DANC3322). Course Director: Darcey Callison. Department of Dance, York University, Toronto, ON. November 2020. Lecture demonstration to show integration of Bartenieff Fundamentals and Pilates mat practice.

Invited by Associate Professor Patrick Alcedo to give guest lecture on Laban-based approaches to Movement/Dance Observation to Dance Studies: An Introduction (DANC1340). Department of Dance, York University, Toronto, ON. October 2016, 2017, and 2018.

Guest lecturer for The Dance Experience (DANC1500). Course Director: Darcey Callison. Department of Dance, York University, Toronto, ON. January 2014.

Guest lecturer for Dance, Gender and Sexuality (DANC 5231). Course Director: Darcey Callison. Department of Dance, York University, Toronto, ON. 2011.

Guest lecturer for Dance Pedagogy (DANC 3370). Course Director: Mary Elizabeth Manley. Department of Dance, York University, Toronto, ON. 2011.

Annual guest instructor for Movement Analysis (DANC5300). Course Director: Mary Jane Warner. Department of Dance, York University, Toronto, ON. 2003-08.  
Guest lecturer for Women Performing Heroism (DANC5211). Course Director: Selma Odom. Department of Dance, York University, Toronto, ON. 2002  
Guest lecturer for The Dance Experience (DANC1500). Course Director: Darcey Callison. Department of Dance, York University, Toronto, ON. 2001.

Guest lectures in Other Courses: Graduate

*Sensory Methodologies for Revealing the Effects of Climate Change on Landscapes*. Online. Co-presented with Eleni-Ira Panourgia and Rennie Tang for the Creative Technologies Masters' Program (dir. Prof. Angela Brennecke), Filmuniversität Babelsberg KONRAD WOLF, Potsdam, Germany. May 17, 2023.

*Porosity*. Delivered two guest lectures at University of Cal Poly, Pomona, Department of Design. October 2021.

*Laban Movement Analysis*. Guest lecture at University of El Paso, Texas (UTEP) Department of Dance. Format: PowerPoint recording. Feb 2021.

*Sonic Kinesthetic Forest*. Delivered three guest lectures on interdisciplinary research methods including movement, drawing and soundscapes at University of Cal Poly, Pomona, Department of Design. Collaborative project with course director Rennie Tang, acoustic artist/researcher Eleni-Ira Panourgia, and graduate students. February 2021.

Guest lecturer for Research Methods (DANC5200). Course Director: Patrick Alcedo. Department of Dance, York University, Toronto, ON. November 2020.

Methods and Materials for Movement Observation (DANC 5300). 4 classes in the month of February 2018. Course director: Susan Cash.

#### OTHER TEACHING-RELATED ACTIVITIES

Seminars and workshops presented

*Listening to Trees: A Sonic Kinesthetic Approach*. Workshop. Co-facilitated with Eleni-Ira Panourgia and Rennie Tang at *Listening as Shared and Social Practice* conference. University of Regina, Canada. Online. Upcoming Oct. 8, 2022.

*Sonic Kinesthetic Forest*. Workshop. Co-facilitated with Eleni-Ira Panourgia and Rennie Tang at *Sentient Performativities: Thinking Alongside the Human* Symposium. ArtEarth in Dartington, UK. Online. June 27, 2022.

Guest seminars and workshops at Etobicoke School of the Arts, Department of Dance.

*Gender and Women's Studies*, Grades 9, 10, 11 and 12 – Jan/Feb 2021

*Bartenieff Fundamentals and Pilates* movement workshops, Grades 9, 10 – Feb/March 2021

*Laban Movement Analysis*, Parts 1 and 2 Grade 10 – Feb 2021

*Equity, Diversity, and Inclusion* Grades 9, 10, 11 and 12 – May 2021

*Applying for Academic Jobs*. Presented a mock interview, advice and encouraged discussion about how to apply for jobs. With Allyson Mitchell, Angele Alook, and Meg Luxton. Gender, Feminist, and Women's Studies graduate program, York University, Toronto, ON. February 6, 2020.

*Laban Movement Analysis: Language of the Body*. Taught a 3-hour masterclass for studio L'Aire Ivre, Paris, France. December 14, 2019.

*Soma-City: Attuned Mapping of Urban Landscapes through the Moving Body*. One-week residency with Theatrum Mundi, Paris, France. December 2019.

*Choreographic Constructions in the Commons*. Dance Studies Association Conference: Dancing in Common. Workshop. In collaboration with landscape architect Rennie Tang. Evanston, Illinois. August 2019.

Choreographic Constructions: Well-being and Health through Dance and Design. Workshop. In

collaboration with landscape architects Rennie Tang and Svetlana Lavrentieva. First International Symposium for Dance and Well-Being. National Centre for Dance Therapy, Montréal, PQ. May 2018.

*Re-Girling the Girl: Reflections and Perspectives on a Dance Performance-based Research Project.* Panelist at ARCYP roundtable: Girls, Online Culture and Arts-Based Research Methods, Congress, Ryerson University, 2017.

*Communicating Agency through the Body.* Invited to conduct a movement workshop for over forty participants of the CEDAW for Change Institute, International Women's Human Rights Education Institute, The Ontario Institute for Studies in Education (OISE) at the University of Toronto. June 2015.

*CVs and Academic Job Applications.* Guest seminar speaker. Presentation was in collaboration with Graduate Program Director: Sandra Whitworth. Gender, Feminist and Women's Studies, York University, Toronto, ON. November 2014.

*Bodies in Harmony: Creating Movement Choirs in the Tradition of Rudolf Laban.* Movement workshop at The Sustainability of Dance as an Art Form: Economics, Politics and the Philosophy of Resistance. The Errol Barrow Centre for Creative Imagination (EBCCI), University of West Indies, Cave Hill Campus, Bridgetown, Barbados, March 2014.

*Introduction to Laban Movement Analysis.* Guest workshop instructor for Course Director, Neri Torres. The Errol Barrow Centre for Creative Imagination (EBCCI), University of West Indies, Cave Hill Campus, Bridgetown, Barbados. February 2012.

*SSHRC Grant Writing Seminar.* Guest panel presentation. As a SSHRC recipient, presented strategies for a successful proposal. Graduate Program in Gender, Feminist and Women's Studies, York University, Toronto, ON. 2012.

*A Bartenieff Fundamentals Approach to Pilates and Ballwork.* Guest workshop facilitator and instructor. Bense Pilates. St. John's, NL. 2008.

Other: Teaching in studios and schools

The Massage Company. Weekly community Pilates classes. Erin, ON. September 2022-present.

Guelph Youth Dance. Taught 10 Contemporary Dance Technique (Limon-based) in-studio classes forges 15+ with live percussionist. Oct.-Dec. 2020.

Guelph Youth Dance. Facilitated eight outdoor improvisation classes (four for ages 11-12 and four for ages 15+). Sept/Oct 2020.

Purple Owl Pilates. Pilates Rehab Reformer instructor. Mono, ON. 2018-2022.

Exhale Academy. Pilates mat instructor and movement/dance workshop provider, Erin, ON. 2018-19

The Eight Count Studio. Dance instructor, Erin, ON. Conditioning, Ballet, Contemporary. 2017-18.

Guelph Youth Dance Company auditions, Taught contemporary and creative classes for three levels of the performing company. Worked with a live musical accompanist. May 2017 and May 2018.

CIG Academy of the Performing Arts. Taught a weekly Pilates mat class for adults. 2016-17.

Brisbane Public School. Guest instructor for Grade 5 and 6 students, Erin, ON. Facilitated a dance workshop for students and provided support to teachers for delivering Ontario Dance Curriculum. December 2016.

Erin P.S. Guest instructor for Grade 8 students at, Erin, ON. Designed and taught a mini unit on the topic of "Martha Graham: Modern Dance Legacy." Incorporated history, film viewings, movement analysis, physicalization of the Graham technique, the Ontario Dance Curriculum and application to choreographic creations. December 2015.

The Music Studio. Guest workshop facilitator for "Dance Creativity Workshop for Kids, Parts I and II" Director: Ed Lettner. Etobicoke, ON. February 2015.

Designed, facilitated, and instructed project based on the Ontario Dance Curriculum, involving grades 1 to 6, at Brisbane Public School, Erin, ON. May 2015. The project incorporated a giant educational floor map from *Canadian Geographic Magazine*. Students explored various aspects

of Canada including geography, citizenship, nation state and borders through structured dance and movement activities that took place on the map.

Designed, facilitated and instructed a project based on the Ontario Dance Curriculum, involving all levels (K to grade 6) at Brisbane Public School, Erin, ON. 2014. Consulted with anthropologist/visual artist, Paul Morin, for integration of Indigenous dance/music traditions and images from his book *The Ghost Dance*. Students brought in objects that represented family/cultural traditions of their own and used these to catalyze creation of original dances.

Designed, facilitated and instructed project based on the Ontario Dance Curriculum, involving all levels (K to grade 6) at Brisbane Public School, Erin, ON. 2013. Initiated integration of dance and music curriculum through a national project called "Music Monday." Through live webcast, Brisbane students joined with Commander Chris Hadfield in the International Space Station and other students across Canada to sing Hadfield's song, "Is Somebody Singing?." A week-long dance project followed, involving a creative dance exploration based on the theme of space travel.

Facilitator/instructor of integrated dance, literature and environmental art projects. Brisbane Public School, Erin, ON. 2010, 2011 and 2012. Designed dance projects involving all levels in the school (K to grade 6) based on the Ontario Dance Curriculum. Conceived and taught projects based on the environmental themes of a children's storybook, the Mexican legend *The Woman Who Outshone the Sun* and a recent "Stream of Dreams" visual art project by the Credit Valley Conservation Authority.

Workshop facilitator/instructor. Belfountain Public School. Belfountain, ON. 2009, 2010 and 2011. Designed and taught new Ontario Dance Curriculum workshops to students (K to grade 6) and provided teacher support for implementing dance curriculum in the classroom.

Dance Artist. *Creating Dances*. National Ballet of Canada, Toronto, ON. 1995-2009. Collaborated with music and visual artists in annual summer dance and music programs for youth.

Dance Artist, *The Drama/Dance Project*. Project locations included numerous public schools in the Greater Toronto Area, Canadian Children's Dance Theatre, Pia Bouman Dance Studios, Toronto, ON. 1998-2001. Arts program for students and in-service for teachers. Toronto District School Board. Collaborated with drama and dance artists and educators to provide interdisciplinary, curriculum-based workshops, lesson plans, community performances and follow-up.

Private Pilates instructor. Regular clients at York University. 2008-10.

Pilates, Bartenieff Fundamentals and Movement Analysis. Taught group classes and private clients. Riverdale Fitness Studio, Inglewood, ON. 2006-09.

*Modern Movement*. Modern Dance classes for the public (all ages and abilities) held at Young Studios, Xing Dance Theatre and Trinity St. Paul's Centre. Toronto, ON. 1995-2009. Taught modern dance, improvisation, and choreography. Choreographed and produced performances for/with students at Artword Theatre, the Guelph Contemporary Dance Festival, Homeworks Series and Dancemakers Studios.

Pilates, Integrated Movement Therapies and Bartenieff Fundamentals. Instructed the Teacher Certification Program, group classes and private instruction. Second Wind Studios. Mississauga, ON. 2000-02.

Modern Dance and Choreography Instructor, Columbus Centre, Toronto, ON. 2001.

Dance Educator. *Learning Through the Arts*. Royal Conservatory of Music Toronto, ON. 2001. Created lesson plans and instructed workshops in the public school system using dance as a means of enhancing learning in various curricular subjects (i.e., math, social studies, physics, history or other).

Dance Artist and Choreographer. *Artists in Education*. Ontario Arts Council grant awarded annually. Interdisciplinary arts collaborations with numerous artists in over 40 schools. Toronto, ON. 1992-2000.

Body Connections: Workshops in Bartenieff Fundamentals of Movement and Laban Movement Analysis. Co-taught with Nadine Saxton. Xing Dance Theatre. Toronto, ON. 2000.

Modern Dance and Choreography. Bishop Strachan School, Toronto, ON, 2000.



Taught Modern dance technique, improvisation and choreography. Supervised final choreographic projects for graduating students.

Modern Dance/Creative Movement Instructor. Interplay School of Dance. Toronto, ON. 1998-2000.

Modern Dance/Choreography Instructor. Ballet School of Woodbridge. Woodbridge, ON. 1996-97.

Dance Artist and Choreographer. *Creating Dances*. National Ballet of Canada, Toronto, ON. 1995-98.  
Collaborations with music artists to produce dance and music workshops for public school students culminating in a “Share Day” performance at the O’Keefe Centre (now the Sony Centre).

Dance Artist and Choreographer. Program supervisor: Sara Williams. The Arts Centre, The City of York, ON. 1992-98.

Modern Dance and Creative Movement Instructor. *Young Dancers Program*. School of Toronto Dance Theatre, Toronto, ON. 1992-95.

Ballet and Modern Dance Instructor. Mississauga Ballet Association, Mississauga, ON. 1990-95.

Guest Teacher for Company Class. Ballet Independiente, Mexico City, Mexico. 1995.

Other: Teaching assistantships

Dance, Film and Culture (DANC1900 3.0). Department of Dance, York University, Toronto, ON.  
Teaching Assistant in Winter 2017 to Course Director, Bridget Cauthery. Delivered in-class and online instruction to students. Utilized concepts of gender, race, sexuality and class in the interpretation of dance films including *Save the Last Dance*, *Cabaret*, *Saturday Night Fever* and *Flashdance*.

Introduction to Gender and Women’s Studies (WMST2510 6.0 and GWST1501 6.0). Tutorial instructor annually from 2012-15. Planned and taught weekly tutorial sessions based on the course lectures. Assigned readings and film viewings. Advised students, graded assignments and examinations. Communicated and problem-solved with the Course Director, Professor Amar Wahab, and with other tutorial instructors for the course.

Body Therapies (DANC3320 3.0). Department of Dance, York University, Toronto, ON. Teaching Assistant in 2002 to Course Director, Karen Bowes-Sewell.

The Dance Experience Lecture (DANC1500 6.0). Department of Dance, York University, Toronto, ON. Teaching Assistant in 2000 and 2001 to Course Director, Darcey Callison.

Other: Research and teaching interests

Embodied pedagogies and experiential learning; play-based movement education; theories of the body; psychology of health, development of healthy and diverse sexualities, dance performance and theatre studies; arts education; intersectional analytic frameworks; contemporary dance, dance studies, Laban Movement Analysis, Somatic practices, Pilates, human movement and architecture/design; ecstatic dance forms, arts therapies, dance and health, dance and spirituality, critical anti-racist feminist pedagogies; curriculum design and implementation; girlhood; motherhood; women’s and feminist “herstories”; ethnographic approaches; auto-ethnographies; community arts; creativity studies; ageing, techniques of embodied writing; performance studies, improvisation.

COURSES TAUGHT AT OTHER POST-SECONDARY INSTITUTIONS

Body Awareness. Course Director. Department of Kinesiology, McMaster University, Hamilton, ON.  
Taught in 1996.

COURSE/CURRICULUM DEVELOPMENT

Feminism, Dance, and the Body (GWST4528 3.0). New course proposal accepted in the School of Gender, Sexuality and Women’s Studies at York University’s Faculty of Liberal Arts and Professional Studies. First course delivery confirmed for Fall 2023.

Teaching Dance in the Intermediate Division (ED/DANC3041/51, 4000/01 6.0). Faculty of Education, York University, Toronto, ON. Contributed to design of course syllabus/materials and Moodle/eClass site for teacher candidates in the concurrent and consecutive programs. 2015-16 and 2021-2022

Laban Movement Analysis (PKIN0597). School of Kinesiology and Health Science, York University, Toronto, ON. New course proposed, approved and offered. Taught in Winter 2018, 2020, 2021 and 2022. Presented movement principles and the framework of BESS—Body, Effort, Space and Shape—as developed by followers of 20th-century movement pioneer, Rudolf von Laban, to fulfill the objective of assisting students in developing skills for embodying and observing a full range of human movement.

Ecstatic Dance: From Rituals to Raves (DANC3530 3.0). Department of Dance, York University, Toronto, ON. Taught in 2003, 2004, 2007, 2012 and 2013. Designed and re-designed course materials based on themes of Creativity, Health, and Spirituality. Prepared and delivered lectures with audiovisual supports. Facilitated seminar discussions and studio sessions with experiential learning components. Supervised TAs and student group projects. Coordinated guest speakers.

Feminist Dance Scholarship: Identity, Performance, Agency, and Transformation through the Moving Body. Course design, detailed syllabus and accompanying lectures completed. 2013.

Pilates Mat: Length, Strength and Stability (PKIN0405). Proposal for new course was approved by the Faculty of Health, York University, Toronto, ON. Course has been offered regularly in Fall, Winter and Summer terms since 2008.

"Using our Bodies to Learn about Structures and Systems." Lesson Plan for grades 1 and 2. *Learning Through the Arts*, Royal Conservatory of Music. April 2004.

"Mapping our Community." Lesson Plan for grades 1, 2 and 4. *Learning Through the Arts*, Royal Conservatory of Music. April-June 2003.

"The Dragon and the Unicorn." Unit design for Juniors. *The Drama/Dance Project*, Toronto District School Board. September 2001.

"Circle of Trees: Dance/Movement Activities." Unit design for Primary, Junior and Intermediate. *The Drama/Dance Project*, Toronto District School Board. September 2000.

#### PEDAGOGIC INNOVATION/DEVELOPMENT OF TECHNOLOGY-ENHANCED LEARNING

Collaborator for SmART: Smartphone Accommodation Resource Toolbox. Lead researcher, Dr. Iris Epstein, School of Nursing, Faculty of Health, York University, Toronto, ON. Project funded by AIF Category I: Academic Innovation Project.

I created 3 videos for the SmART website, to be used as examples for faculty who wish to integrate Smartphone technologies into their courses and into pedagogical practice to assist students with a variety of special needs including learning disabilities, anxiety, language barriers, and long commutes to York University. 2019-20.

#### PUBLICATIONS AND PROFESSIONAL CONTRIBUTIONS TO TEACHING

Curriculum/course materials

Prepared an Anti-Discrimination, Anti-Bias Report on the Arts Curriculum Draft. Ontario Ministry of Education. May 2008.

Reviewed and Revised new Dance Curriculum Draft. Ontario Ministry of Education. Contact: Mervi Salo, Education Officer, The Arts. April 2008.

Publications (Teaching)

Sandlos, Lisa (Featured contributor). "In Conversation: Talking about Assessment in Dance." *The Dance Current*, 9(2), 42-46. 2016.

## Funding (Teaching)

Teaching Development Grant. Awarded by the Teaching Commons at York University, Toronto, ON. 2023. Funding for research and course preparation for “Feminism, Dance and The Body” (GWST/DANC4528), to be taught for the first time in Fall 2023. Cross listed in Gender, Sexuality and Women’s Studies and in the Dance Department.

Teaching Development Grant. Awarded by the Centre for Support of Teaching at York University, Toronto, ON. 2011. Funding for continued training and research in preparation for “Ecstatic Dance: From Ritual to Raves” (DANC3530) for the Department of Dance, York University, Toronto, ON. Attended an intensive workshop in ecstatic practices which was offered by the Sacred Dance Guild in Sedona, Arizona, USA.

## SERVICE

Participation in unit or Faculty level academic and administrative committees

Member of Equity, Diversity, Inclusion, and Decolonization (EDID) Coalition, School of Kinesiology and Health Science (SKAHS) at York University. Worked on a team to provide recommendations for implementation of EDID to an EDID standing committee, 2021-22.

Coordinator for and host to 20 dance students and their teacher from Mukogawa Women’s University in Japan for their week-long visit to York University, Toronto, ON. 2012-13.

Committee Chair, Youth Program. World Dance Alliance's Second General Assembly at York University, Toronto, ON. 2005-06.

Service to organizations outside the University which is of an administrative nature

Co-director of Hillsburgh *Global Water Dances* (with Janet Groves). Recruited and organized community members and high school volunteers, planned regular meetings and rehearsals in-person and via Zoom, followed protocols and guidelines from Global Water Dances organization to produce a dance-activist performance project to raise awareness of local and global issues of water sustainability. January-June 2021.

Co-coordinator and co-host for a book launch event (with Terri Hawkes) to celebrate publication of the anthology “Performing Motherhood” by Demeter Press. Glendon Theatre, Toronto, ON. May 2015. Arranged various performing artists, consulted on venue, program order and refreshments, and shared the role of master of ceremonies.

Coordinator for *The Drama/Dance Project*. Program for students and in-service for teachers. Toronto District School Board, Toronto, ON. 1998-2001. I coordinated *The Drama/Dance Project* for three years, a program for students and teachers in the Toronto District School Board. I worked closely with arts education consultants in the TDSB, local drama and dance artists, and classroom teachers. The objective of the program was twofold: a) to facilitate drama/dance experiential learning in the classroom, based on the Ontario Arts Curriculum learning outcomes, and b) to provide in-service support and education to classroom teachers in delivering the Drama/Dance curriculum to their students. I was the main point of contact for the schools and the artists, responsible for all scheduling and communication. I met with artists and teachers separately and together in advance of each project to determine goals together and prepare materials and lesson plans. I visited the classrooms as the projects were happening to troubleshoot any problems as they occurred and supported the participants in a variety of ways. I wrote a final report on each project.

Project Coordinator for *Creating Dances in the Schools*. The National Ballet of Canada and School Board No. 14. Brighton, Port Hope, Courtice and Cobourg, ON. 1998.

Coordinator/Moderator for *DanceTalk!* Performance/discussion series presented by DanceWorks. The Music Gallery, Toronto, ON. 1991-95. I was the program coordinator of the DanceTalk!

performance/discussion series presented by DanceWorks three times annually for 4 years. The venue was The Music Gallery, Toronto, ON. I sent out the call for choreography, curated the shows, publicized the events, liaised with venue tech crew, facilitated the needs of the choreographers and their performers on performance day, and moderated a discussion onstage with the artists and audiences.

Co-founding member of *Dance Continuum* performance collective, Toronto, ON. 1991-95.

Service to the external community

Member of Board of Directors, *Dance Ontario*. Elected to the board and invited to join Justice, Equity, Diversity, and Inclusion (JEDI) Committee. September 2021-present.

Conference Organizing Committee Member, *Global Caribbean Dance Festival*. Collaborated with the director and other committee members on planning and decision-making for online conference and festival. Created and distributed promotional materials and recruited presenters and attendees. Moderated several sessions at the conference. March-September 2020.

Activities Coordinator and Steering Committee Member, *Erin Refugee Action (ERA) Sponsorship Group*, Erin, ON. 2017-2020. Organized local outings for two families upon arrival including Canada Day celebrations, Window Wonderland community event, Erin Fall Fair, walks through conservation area and Bruce Trail; assisted with teaching English using body and movement-based games and songs; facilitated communication through Google Translator; approached community members for opportunities for the family and succeeded in securing the donation of a summer art camp session for one of the children and soccer opportunities and sponsorship for another child; lead organizer for a welcome party and an end-of-first-year in Canada party; attend monthly committee meetings; work together with other committee members to set goals, prioritize, and troubleshoot.

Co-facilitator of the *Erin Refugee Action (ERA) Youth Group*. Erin, ON. 2016-2018. Working together with another member of the ERA group, I educated local youth about the arrival and settlement of two Syrian refugee families near my home in Erin. Mobilized the creative ideas and initiatives of local youth to welcome and ease the resettlement process for families. Planted and tended vegetables in a community garden with the youth for fundraising and consumption by the newcomers. Oversaw the creation of a welcome scrapbook and directory. Initiated an order of name badges in English and Arabic for the organization.

Member of Board of Directors, *Canadian Alliance of Dance Artists (CADA)*, Ontario Chapter. 1994-99.

#### INVITED PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

*Soma-City*, Research Residency in Paris, France. Invited by Theatrum Mundi as part of their *Sonic Urbanism* colloquium. Together with my collaborator, Prof. of Landscape Architecture Rennie Tang, U of California Polytechnic Pomona, I facilitated movement experiences and discussions for architects, designers, urban planners, and engineers and led a movement workshop, *Soma-City: Attuned Mapping of Urban Landscapes through the Moving Body*. Dec. 8-15, 2019.

"Agency and Social Transformation through Bodies in Motion: Why Dance is an Important Tool for Feminism and Gender Equality." *The Sustainability of Dance as an Art Form: Economics, Politics, and the Philosophy of Resistance*. The Errol Barrow Centre for Creative Imagination (EBCCI), University of West Indies, Cave Hill Campus, Bridgetown, Barbados. March 2014.

#### GUEST LECTURES

Invited guest speaker at "Passionate Heart," a dance and spoken word performance on International Women's Day. Studio 42, Guelph, ON. March 8, 2020.

Invited guest speaker for lecture series, "Thinking Spaces: Youth and Improvisation". *International Institute of Critical Studies in Improvisation (IICSI)*. Guelph, ON. November 2019.

Invited by Clara Chapdelaine-Feliciati to present my doctoral research at the inaugural meeting of the *Girls' Studies Research Cluster* at York University. Toronto, ON, Sept. 13, 2019.

Invited by Jay Kirkpatrick to give a guest Lecture on the topic of Gender for a Grade 11 Social Studies Unit at Erin District High School. Erin, ON. May 2017.

Invited by Mari Naumovski as guest speaker and workshop leader for *Body Spheres*, an annual retreat of somatics and body therapies practitioners. I gave a thirty-minute workshop and a ninety-minute lecture on topics associated with my dissertation research. Flesherton, ON. September 2016.

Invited guest speaker at *Sworn Sisters* book club. Presented my research on sexualization within dance studios and competitive dance networks. Toronto, ON. April 2016.

#### OTHER ACTIVITIES

##### Courses Completed During PhD Studies

Feminist Theory (WMST6002 3.0). Professor Janice Newton.

Research Methods and Methodologies (WMST6008 6.0). Prof. Enakshi Dua; Professor Nancy Mandell.

Women and Culture (WMST6003 3.0). Professor Ann (Rusty) Shteir.

Maternal Theory (WMST6214 3.0). Professor Andrea O'Reilly.

Feminist Anthropology (WMST6301). Professor Penny Van Esterik.

History and Development of Feminist Theory (WMST 6503 6.0). Professor Meg Luxton (audit).

##### Courses Completed During MA Studies

Women and Creativity (DA5110). Professor Penelope Reed Doob.

Women Performing Heroism (DA5211). Professor Selma Odom.

Research Methods (DA5200). Professor Norma Sue Fisher-Stitt.

Developmental Psychology (AK/PSYC4140). Professor Marilyn Zivian.

Introduction to Counseling and Psychotherapy I and II (AK/PSYC). Professor Charles Marino.

Introduction to Health Psychology (AK/PSYC4190). Professor Fran Wilkinson.

Psychology of Death and Dying (PSYC3560). Professor Stephen Fleming (audit).

Dance Ethnography (DA5400). Professor Anna Blewchamp.

Dance Writing (DA5310). Professor Penelope Reed Doob.

Dance and Sexuality (DA5210). Professor Sara Porter.

University Teaching and Learning (UTAL5000). Professor Pat Rogers.

##### Professional Development

*Lifespan Institute Knowledge Mobilization (KMb) Workshop*. Weekly online interactive course offered by Lifespan Development Research Institute, Brock University. September-November 2022.

*Sexual Abuse Awareness, Prevention & Response*. Online course offered by Youth Protection Advocates in Dance (YPAD). Completed Feb. 6, 2022.

*The Culture of Silence in Gender-based Violence*. Webinar offered by Mental Health Supports @ Skills for Change. Guest speaker: Blessing Timidi Digha. Jan. 25, 2022.

*The Embodiment Conference*. Attended over 20 online conference sessions with prominent thinkers, writers, and practitioners in Somatics, dance and embodied practice including Bonnie Bainbridge, Don Hanlon Johnson, Gabor Maté and Mark Walsh. October 2020.

*Emerging Scholars Program*. Invited participant in a four-day festival and colloquium. International Institute of Critical Studies in Improvisation (IICSI). Guelph, ON, September 2019.

*What Can I Do?: A Workshop on "Doing" Reconciliation*. Participant in a one-day improvisational workshop for non-Indigenous Canadians wishing to contribute to "reconciliation" with Indigenous peoples. Arts Everywhere Festival, Musagetes, Guelph, ON. 2017.

*CEDAW for Change*. International Women's Human Rights Education Institute, The Ontario Institute for Studies in Education (OISE) of the University of Toronto, Canada in association with Fundación Justicia Y Genero, Costa Rica. A seven-day intensive program focusing on the United Nations Convention on the Elimination of Discrimination Against Women (CEDAW) and its applications. June 2015.

*Body Spheres*. Training program with Mari Naumovski in experimental design of a syllabus and method of movement on stability balls. Toronto, ON. 2004.

*Body Mechanics and Injury Prevention* with Irene Dowd and Peggy Baker. National Ballet School, Toronto, ON; and Simon Fraser University, Burnaby, BC. 1995-96.

*Spirals* Workshop with Irene Dowd. LIMS Studios, New York City, NY. 1994.

*Professional Training Program*. L'École Supérieure de Danse du Québec, Montréal, QC. 1987-88.

Updated: September 2023